

January Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|--|
| W E E K | | <u>Breakfast</u> Cereal Applesauce Milk | <u>Breakfast</u> Eggs/Sausage Casserole Peaches Milk | <u>Breakfast</u> French Toast Sticks Peaches Milk | <u>Breakfast</u> English Muffins w/ Jelly Mixed Fruit Milk |
| 16th-20th | Closed Martin Luther King Jr. Holiday | <u>Lunch</u> Hot Dogs Tater Tots/Greens Beans Fruit Cocktail Milk | <u>Lunch</u> Chicken, Rice and Veggies Casserole Rolls/Oranges Milk | <u>Lunch</u> Cheese Burger Tomato Soup Pineapples Milk | <u>Lunch</u> Cheese Pizza Green Beans Peaches Milk |
|  | | <u>PM Snack</u> Goldfish Crackers Apple Juice | <u>PM Snack</u> Trail Mix Lemonade | <u>PM Snack</u> Rice Cakes Grape Juice | <u>PM Snack</u> Cookies Milk |
| W E E K | <u>Breakfast</u> French Toast Sticks Applesauce Milk | <u>Breakfast</u> Biscuits w/ Sausage Sliced Apples Milk | <u>Breakfast</u> Cereal Peaches Milk | <u>Breakfast</u> Bagels w/ Cream Cheese Pears Milk | <u>Breakfast</u> Waffles Applesauce Milk |
| 23rd-27th | <u>Lunch</u> Ravioli Garlic Bread Broccoli Applesauce Milk | <u>Lunch</u> Chicken/Cheese Quesadilla Corn Milk | <u>Lunch</u> Chicken Nuggets Tater Tots Green Beans Oranges Milk | <u>Lunch</u> Baked Ziti w/Beef Carrots Sticks w/ Ranch/Rolls Milk | <u>Lunch</u> Cheese Pizza Corn Peaches Milk |
| | <u>PM Snack</u> Pretzel Bites Apple Juice | <u>PM Snack</u> Brownies Milk | <u>PM Snack</u> Trail Mix Grape Juice | <u>PM Snack</u> Cheese its Apple Juice | <u>PM Snack</u> Fruit Cocktail Lemonade |
| W E E K | <u>Breakfast</u> Pancakes Pears Milk | <u>Breakfast</u> Cereal Applesauce Milk | <u>Breakfast</u> Eggs/Sausage Casserole Peaches Milk | <u>Breakfast</u> French Toast Sticks Peaches Milk | <u>Breakfast</u> English Muffins w/ Jelly Mixed Fruit Milk |
| 30th-3rd | <u>Lunch</u> Mac & Cheese Carrots w/ Ranch Applesauce Milk | <u>Lunch</u> Hot Dogs Tater Tots/Greens Beans Fruit Cocktail Milk | <u>Lunch</u> Chicken, Rice and Veggies Casserole Rolls/Oranges Milk | <u>Lunch</u> Cheese Burger Tomato Soup Pineapples Milk | <u>Lunch</u> Cheese Pizza Green Beans Peaches Milk |
|  | <u>PM Snack</u> Chips n Salsa Lemonade | <u>PM Snack</u> Goldfish Crackers Apple Juice | <u>PM Snack</u> Trail Mix Lemonade | <u>PM Snack</u> Rice Cakes Grape Juice | <u>PM Snack</u> Cookies Milk |
| W E E K | <u>Breakfast</u> French Toast Sticks Applesauce Milk | <u>Breakfast</u> Biscuits w/ Sausage Sliced Apples Milk | <u>Breakfast</u> Cereal Peaches Milk | <u>Breakfast</u> Bagels w/ Cream Cheese Pears Milk | <u>Breakfast</u> Waffles Applesauce Milk |
| Feb 6th-10th | <u>Lunch</u> Ravioli Garlic Bread Broccoli Applesauce Milk | <u>Lunch</u> Chicken/Cheese Quesadilla Corn Milk | <u>Lunch</u> Chicken Nuggets Tater Tots Green Beans Oranges Milk | <u>Lunch</u> Baked Ziti Carrots Sticks w/ Ranch/Rolls Milk | <u>Lunch</u> Cheese Pizza Corn Peaches Milk |
| | <u>PM Snack</u> Pretzel Bites Apple Juice | <u>PM Snack</u> Brownies Milk | <u>PM Snack</u> Trail Mix Grape Juice | <u>PM Snack</u> Cheese its Apple Juice | <u>PM Snack</u> Fruit Cocktail Lemonade |

*Students are to bring AM snack from home. MCA will provide 100% fruit juice for students.